



BUKIT PANJANG PRIMARY SCHOOL
109 Cashew Road, Singapore 679676
Tel: 67691912 Fax: 67637462
<http://www.bukitpanjangpri.moe.edu.sg/>

Future Leaders, Concerned Citizens

From the Principal's Desk...

IN TOUCH 03/2016

Dear Parents/Guardian

Thank you very much for your support for the first term. The children have received their CA1 results including their scripts. The March holidays while being a time to rest and recharge also presents the opportunity for them to work on their areas for improvement.

I would also like to encourage the children to read as much as they can in English as well as their Mother-Tongue.

CCA Achievement- Red Cross unit

We are pleased to announce that our Red Cross unit participated in the Red Cross Youth First Aid Championship 2016 and achieved a bronze award in the Links' Awareness category. For this competition, the students came up with a skit based on the theme, "Humanity In Our Hands". The skit aims to: 1. Raise awareness, eagerness and excitement in First Aid in the general public. 2. Encourage members of the public, especially the youth, to learn first aid.

The names of the students who took part in this competition are as follow:

Nur Atiqah Natasya Binte Ithnin	4A
Kunduru Ishita Reddy	4B
Per Giona	4B
Sim Wan Ting	4B
Samuel Ong Sin Yi	4C
Gan Ban Hong Joshua	4D

Assessment

The Primary 2 – 6 students sat for their term review and first Continual Assessment (CA1) in Term 1 week 9. Your child's performance in CA1 will provide us valuable feedback on your child's academic development. You may want to spend some time going through the scripts with your child, acknowledging his/her efforts and motivating him/her to strive for improvement.

Student Leadership Training

As part of our school's continuous efforts to nurture and develop Character and Citizenship Education in our students, we will be conducting leadership training for all students in Primary 1 to Primary 4. Every student will go through these stages of leadership development over a period of six years in alignment with our Butterfly Philosophy. Through the training, the students will be empowered to apply and put into practice what they have learnt when assuming leadership roles. Details will be made known to you at the later date.



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Road Safety

Due to some near accidents and traffic congestion especially during the morning peak hours, LTA had recently put up the “No Right Turn” sign for vehicles coming out from the school gate. Please obey the traffic rules and make a left turn when driving out from our school.

We have also put up a sign, “Give Way to Pedestrians and Main Road Traffic” within our school compound to remind all drivers to be cognisant of the pedestrian crossing when making a left turn from the school gate.

Breakfast Talk with the Principal on 7 March

As part of the school’s outreach efforts to the stakeholders, all parents were invited for a breakfast talk with the Principal on Monday, 7 March. This offers the opportunity for the Principal and parents to discuss school programmes and policies over breakfast at the school. It was an engaging session and 128 parents attended the session.

Parent Engagement Opportunities – Jubilee Walk Family Time Activity Sheet

As part of the continuous effort to engage families in values education, the Character and Citizenship Education Branch (CCEB) has collaborated with the National Heritage Board (NHB) to produce the Jubilee Walk Family Time Activity sheet which families can use.

The Jubilee Walk is a commemorative trail that connects the past, present and future elements of the Singapore Story. It provides opportunities for families to learn about our pioneers who have contributed to the nation. It is also an opportunity for family interaction and bonding.

The Jubilee Walk Family Time Activity sheets will be given to Primary 4 to 6 students this year. The lower primary students had received their Jubilee Walk Family Time Activity Sheet in November 2015.

We would like to encourage families to take part in the Jubilee Walk. Upon completion of the walk families will receive a limited edition Jubilee Walk folder. Instructions on how to obtain this folder are in the Jubilee Walk Family Time Activity Sheet.

Sharing

Tips on how to bond with our children
by *Mrs Jenny Yeo, retired Principal*
Taken from Schoolbag.sg, Ministry of Education.

Children turn to their parents for guidance only if they have their parents’ unconditional love. To build this environment of security and trust, parents need to build strong bonds with their children. Only then will the children have confidence to turn to their parents when they encounter adversity in life.



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To quote Brenda Nixon: “To be in your children’s memories tomorrow, you have to be in their lives today.”

One parent, Mr Rich Ho, believes in being involved in his child’s life and involving the child in his life. For example, he takes time to write letters to his child using creative means, such as through cartoons! Incidentally, apart from developing their creativity, cartoons can also encourage children to think, retain information and express themselves.

Rich also shows his love by speaking the love language of his child. According to Dr Gary Chapman, the five love languages are Words of Affirmation, Acts of Service, Quality Time, Receiving Gifts and Physical Touch. Using a child’s dominant love language is the most effective way for the child to feel loved.

Another parent, Carol sees her bond with her children as a long term, consistent and conscious effort that involves understanding them and responding to their needs. For example, she would participate in activities they enjoy, such as cycling and playing board games like Scrabble, which often, her nine year old would win! As she spends time with them, Carol connects with her children. Even a seemingly common outing like shopping for clothes could be an opportunity to discuss family values, such as suitable clothing styles for a teenager.

If you have more than one child, make it a point to spend time with them individually. Every child is different and they want to be recognised as individuals. Making sure each child gets your undivided attention from time to time will strengthen the bonds. Even a short trip to the grocery store can be special for the child if he gets you all to himself.

Children naturally crave attention from their parents and sometimes, they will do anything to get it. Some misbehave just to get their parents to look at them. If parents fail to notice and address this cry for attention, their child may grow up looking for attention in the wrong places.

So if you want to be the influencer and ‘the significant other’ in your children’s lives as they grow up, it is essential to work on that bond and keep the communication lines open!

The school holidays present opportunities to spend some quality time with your children. For a change, how about letting them choose what they want to do? A mother who did this was initially uncomfortable when her child chose to go to a trampoline park. But she followed through, even joining her child on the trampoline! She had so much fun with her child that they both wanted to do it again.

Alternatively, choose a theme that your child is interested in and organise a series of activities linked to it. For example, if a child loves sea creatures, spend a weekend visiting the aquarium and learn about sea creatures together. After the outing, work together to record your fond memories in a scrapbook or create a story out of it.



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No matter how busy we are, it is important that we prioritise and make special efforts to spend quality time with our children. Whatever the activity, it is about building beautiful memories and strengthening the bond with your child!

Thank you.

Bucktha Seelan
Principal

Learning never exhausts the mind. ~Leonardo da Vinci